



BABY KALE SALAD

2 servings.

Delicate and delicious, this salad is one of my favorites.

INGREDIENTS

- 3 ounces baby kale, long stems discarded
- 1½ tablespoons cranberries
- 1½ tablespoons almond slivers, or any other nuts, toasted

DRESSING

- 1½ tablespoons extra-virgin olive oil
- 1 tablespoon honey
- 2 tablespoons lime juice
- ½ teaspoon Kosher salt
- Freshly ground black pepper

PREPARATION

1. Whisk the dressing ingredients. Toss the salad with the dressing, the cranberries and nuts.
2. Season to taste.

NOTE

You may have some dressing left over. It will remain fresh in the refrigerator for a few days and can be used on other salads.