

# **CHICKEN LIVERS IN SHERRY SAUCE**

Makes 2 servings as a main course, 4 servings as a first course.

This dish is for all seasons and can be prepared in advance and reheated.

## INGREDIENTS

- 1 pound chicken livers
- 1 tablespoon unbleached all-purpose flour
- Kosher salt
- Freshly ground black pepper

### SHERRY SAUCE

- 1 large Vidalia onion
- ¼ cup vegetable oil
- ¾ cup extra dry light sherry (See Note)
- 1 tablespoon Balsamic vinegar
- 1 teaspoon whole cloves

### PREPARATION

- 1. Preheat the broiler.
- 2. Line a broiler pan with foil.
- 3. Pat dry the livers and place on the foil. Broil as close to the heat source as you can for about 5 minutes on each side. The livers should be dry. Let cool.
- 4. Spread the flour on a piece of wax paper and season with salt and pepper.

#### TO MAKE THE SAUCE

- 1. Cut the onion into very thin slices. I use a mandoline.
- 2. Heat the oil in a medium skillet and sauté the onion over medium high heat, stirring from time to time until golden.
- 3. Add the sherry, the vinegar and cloves.
- 4. Bring to boil and simmer for a few minutes.

### TO MAKE THE CHICKEN LIVERS

5. Dip the liver into the seasoned flour shaking off the excess. Place in the sauce and simmer for a minute. Season to taste with salt and pepper.

### ΝΟΤΕ

I use the Tio Pepe extra dry light sherry.